

THE CENTER FOR ANTI-VIOLENCE EDUCATION

founded in 1974 • 327 7th Street, Park Slope, Brooklyn (at the corner of 5th Avenue)

SELF-DEFENSE

adult women and transgender people



Combines physical & verbal self-defense skills with discussions on safety, prevention, and violence de-escalation.

ALL AGES & ABILITY LEVELS WELCOME

"I feel stronger, more assertive, and more confident. Very exciting, transforming class."

5-week course Starts Saturday, October 13th 3:00-5:30 PM

FREE CHILDCARE & sliding fee scale based on income

Free for Survivors of domestic violence, sexual assault, or child abuse.

Advance registration required.

Contact us for information. (718) 788-1775 | info@cae-bklyn.org

SELF-DEFENSE
(718) 788-1775

SELF-DEFENSE
(718) 788-1775

SELF-DEFENSE
(718) 788-1775

SELF-DEFENSE
(718) 788-1775

SELF-DEFENSE
(718) 788-1775

SELF-DEFENSE
(718) 788-1775

SELF-DEFENSE
(718) 788-1775

SELF-DEFENSE
(718) 788-1775