

**THE CENTER FOR ANTI-VIOLENCE EDUCATION**

**founded in 1974 • 327 Seventh Street, Park Slope, Brooklyn (at the corner of 5th Avenue)**

# SELF-DEFENSE FOR GIRLS

**11-13 years old**



**This is a fun and non-competitive class for girls interested in learning practical self-defense skills and violence deescalation.**

**"I learned that I have power and I could better protect myself from violence and abuse, even though I used to think I was weak."**

**Five week course starts Saturday March 1st  
12:30 – 2:30 pm**

**sliding fee scale based on income**

**Advance registration required.**

**Contact us for information. (718) 788-1775 | [info@cae-bklyn.org](mailto:info@cae-bklyn.org)**

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