

**THE CENTER FOR ANTI-VIOLENCE EDUCATION**

founded in 1974 • 327 7th Street, Park Slope, Brooklyn (at the corner of 5th Avenue)

# SELF-DEFENSE

**adult women and transgender people**



**Combines physical & verbal self-defense skills with discussions on safety, prevention, and violence de-escalation.**

**ALL AGES & ABILITY LEVELS WELCOME**

**"I feel stronger, more assertive, and more confident. Very exciting, transforming class."**

**5-week course Starts Saturday, May 3, 3-5:30 pm**

**FREE CHILDCARE & sliding fee scale based on income**

**Free for Survivors of domestic violence, sexual assault, or child abuse.**

**Advance registration required. Contact us for information:**

**[www.cae-bklyn.org](http://www.cae-bklyn.org) | (718) 788-1775 | [info@cae-bklyn.org](mailto:info@cae-bklyn.org)**

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